Holy Trinity Divine Healing Ministry

A Lay Healing Ministry under the Holy Catholic Church



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(English)

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Introduction

This prayer book is a summary of the basic Christian catechism and prayers on healing and conversion.

Since 1990, the Holy Trinity Divine Healing Ministry has been sharing the power of Jesus Christ's healing touch on the sick of mind, body, and spirit, severe, inexplicable, or unknown cases. Up to this day, Jesus heals the sick & perform miracles on people's lives.

Through this simple prayer guide, the healing ministry wishes to share secrets of healing that have worked on their lives - "6 Reminders for Healing": 1) holy confession, 2) holy eucharist (or mass), 3) holy communion, 4) holy rosary, 5) prayer vigil, and 6) covenant (or agreement) with God.

It is their wish that all families, regardless of belief or denominations, may rediscover the healing power of Jesus Christ through the sacraments, all for the greater glory of God.

OUR MISSION:

Bring the power of sacraments healing to the sick through catechism, testimonies, masses for the sick, and parish outreaches, thus, increasing appreciation of the Christian Faith

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For the English Booklet
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A. REMINDERS FOR HEALING

1) * HOLY CONFESSION (p. 2)

- **Minimum once a year, or as soon as possible especially if a baptized Catholic has big (mortal) sin, that is, sin meets 3 criteria: a) *grave matter, b) full knowledge, c) full consent***

2) * HOLY MASS (p. 16)

- **Every Sunday and Holidays of Obligation (*January 1, December 8 & 25*)**

3) * HOLY COMMUNION (p. 20)

- **Every Mass (as long as the Catholic is in the state of grace, that is, has no big sin); Minimum once a year (Easter, thereabouts) and if one is in danger of dying**

4) * HOLY ROSARY (p. 23)

- **Daily (as requested by *Mother Mary, Fatima, Portugal Apparition, 1917*)**

5) * PRAYER VIGIL (p. 31)

- **Hourly for 3 days (by available family or persons for sick at hospital or home; *watchful prayer – Sirach 35: 17*)**

6) * MAKE A COVENANT WITH GOD (p.37)

- **Lifetime (by sick and/or family of sick person; *everlasting covenant of peace – Ezekiel 37: 26*)**

***obligatory (commandments of God & church) ◆optional:**

1) HOLY CONFESSION

Confession (or penance) – the sacrament by which sins committed after Baptism are forgiven through the absolution of the priest. [1]

Who gave to the priest the power to forgive sins?

Answer: Jesus Christ gave to the priest the power to forgive sins, [1] in these words spoken to the Apostles and to their successors in the Priesthood: *If you forgive people's sins, they are forgiven; if you do not forgive them, they are not forgiven. (John 20: 23)*

How to Make a Good Confession [2]

Sacramental confession is no formality. It is a decisive stage in the long process of our moral conversion. It is the key to peace of mind and improvement. But, in order to obtain these benefits, we must be clear about some fundamental truths and apply them to our personal situation.

FUNDAMENTAL TRUTHS [2]

1. God loves us immensely and wants our eternal happiness.
2. We can enjoy this eternal happiness only if we use our freedom to live according to His will.

3. Any refusal to behave according to God's will is a SIN, the gravity of which depends on:
   - ✓ the action that we do or omit;
   - ✓ our degree of awareness, our intention, and degree of freedom; and
   - ✓ the circumstances.

4. As a refusal to respond to God's love, sin is an act of ingratitude, pride and rebellion against Him.

5. Whenever we sin, we turn away from God, and we give ourselves or other creatures the attention and love that should be directed to Him alone.

6. In so doing, we cause damage to ourselves and others because we upset the order established by the Creator.

7. In His divine love, God is always willing to forgive us. He actually never ceases to call us back to Him and to proper behavior.

8. If we want to enjoy God's forgiveness, we must respond to His invitation to:
   - STOP sinning;
   - ABANDON situations of sin; and
   - RETURN to Him with a contrite heart.

9. We must also seek His forgiveness through the ministry of the Church, according to Jesus' mind when he gave the Apostles the power to forgive sins. (John 20: 22)

10. The reception of God's forgiveness through the Sacrament of Penance brings about in us a real spiritual resurrection. We rise again to a new life of grace. Through this sacrament, we are reconciled with God, with the Church, with our neighbor and with ourselves.

STEPS TO BE TAKEN BEFORE GOING TO CONFESSION [2]

The most important thing is not to "go to confession" but "to make a good confession":

- To approach this sacrament sincerely sorry for our sins.
- To confess them in all humility and honesty.
- To be ready to make amends for them; and
- To be determined to avoid committing sin in the future and live according God's will.

In order to do all these, an essential step is to make a thorough examination of conscience. This includes:

a) Becoming aware of the gravity and number of one's sins, either in thought, words or deeds, whether they consist in something wrong that we have committed, or in something good that we should have done and which we failed to do. ("sin of omission")

b) Realizing that, by our sins, we have offended God, have renewed the cause of Jesus Christ's suffering and death, and caused harm to our neighbor and ourselves.

Valuable aids help in making a good examination of the conscience are:

1. Prayer to the Holy Spirit for enlightenment and sincerity;
2. Reading of some pertinent Scripture passages which helps us rediscover the gravity of our sinfulness, the greatness of God's love for us and His readiness to forgive us; and
3. Going over sets questions concerning our duties to God, our neighbor and ourselves.

PRAYER BEFORE MAKING THE EXAMINATION OF CONSCIENCE [2]

Come, Holy Spirit, into my soul and help me know my sins, feel sorry for them, and confess them humbly, that I may be able to enjoy the Father's forgiveness.

By your light illumine the darkness of my mind, by your fire warm my cold heart, by your grace fill me with your love and power.

May I realize the wrong that I did and the good that I failed to do.

Help me feel truly sorry for all my sins, strengthen my determination to avoid them in the future, and to live in your love, your peace and your joy. Amen.

EXAMINATION OF CONSCIENCE GUIDE [2]

There are several ways to make a good examination of conscience.

A rather common one consists in reviewing our life in the light of the Ten Commandments and see how often and how gravely we have failed to keep them.

Another way consists in reflecting on the basic Christian virtues (faith, hope, love of God and neighbor, patience, purity, honesty, etc.) and seeing if we have practiced them or not.

There are also other ways to make an examination of conscience, but what essential is to *place ourselves in the presence of Almighty God and ask ourselves, in total honesty, if He is pleased with us, and if not, why?*

Preliminary Questions [2]

- *When did I make my last confession? Was it a "good confession"?*
- *Did I make any special promise to the Lord on the occasion? How successful have I been in keeping that promise?*
- *Did I commit any grave or mortal sin since my last confession?*

QUESTIONS BASED ON THE TEN COMMANDMENTS [1]

1. You shall have no false gods before me.

Is God the most important reality in my life? Did I entertain doubts about my catholic faith? Did I read books or watch show / movies against my catholic faith? Am I superstitious? Do I believe in fortune telling, astrology, palm reading, witchcraft? Have I always trusted in the Lord, especially in the midst of adversities and trials? Are there any "minor gods" in my life; money, pleasure, success, popularity, power?

2. You shall not take the name of the Lord your God in vain.

Did I use the name of God disrespectfully? Did I curse? Did I keep the promises I made to God? Did I speak disrespectfully of Jesus, Mary and the other Saints?

3. Remember to keep holy the Lord's day.

Did I participate devoutly and punctually in the Sunday mass? Did I pray regularly everyday, at least in the morning and evening? Did I read some passage from Sacred Scripture every day? How interested have I been in knowing my faith better and helping others (including my friends, officemates/classmates and relatives) do so?

4 Honor your father and mother.

(*For children*) Did I fail to show love to my parents and other relatives? Was I disrespectful or disobedient to them? Did I help them when I could? Did I disappoint them? How? Did I respect my teachers, my parish priest and other persons in authority? Did I respect the rules of my school? (*For parents*) Did I raise my children with selfless love and real concern? Was I too hard or too lenient with them? Did I give them a bad example in the way I spoke or acted? Did I fail to lead them with my good example? Did I see to it that my children get proper religious instruction and are actively involved in our Christian community and organizations? Did I motivate them for a committed life in the Church and society?

5 You shall not kill.

Did I hurt anybody with my words or actions? Did I refuse to help people in need when I had the opportunity and the means to do so? Did I spread negative rumors about others? Did I give a bad example? Did I do my best to make up for it? Did I keep grudges? Did I apologize promptly and sincerely? Was I instrumental in leading others to sin through my words or actions? Was I respectful of other people's opinions and beliefs? Did I take anybody's life? Did I cause any physical injury or moral loss to others? Did I do my best to make up for it?

Am I a member of any violent organization? Did I approve or consent to, recommend, seek or actively take part in abortion? Did I contribute to the pollution of the environment? Did I take care of my physical and mental health? Did I smoke, drink immoderately, use harmful drugs, or do anything that harms my health or the health of others?

6 & 9 You shall not commit impure actions. You shall not covet your neighbor's wife.

(*For all*) Did I look at immodest pictures, shows, film.... Or read books and other publications that arouse in me sexual fantasies and may lead me to sin against chastity? Did I entertain immodest thoughts or consent to impure desires? Did I commit any impure actions by myself or with others? Was I prudent and reserved in dealing with people of the opposite sex, whether married or not? Did I engage in conversations or jokes that could lead myself and others to commit sins against purity? Did I engage in premarital sex?

7 & 10 You shall not steal. You shall not covet your neighbor's property.

Was I respectful of other people's property? Did I damage public property? Did I steal anything? Did I return what I stole or offer adequate compensation? Did I cheat in school or in business? Was I honest in my work, performing my duty in the best possible way?

Was I fair in paying my employees, my taxes and other dues? Was I envious of other people's material means or success? Did I waste time and opportunities? Was I greedy? Did I use natural resources selfishly?

8. You shall not bear false witness against your neighbor.

Did I tell lies to defend my pride or to cause damage to others? Did I give false witness in court? Did I reveal secrets which had been confided to me? Did I reveal secret faults of others? Did I accuse someone falsely? Did I judge others rashly? Was I a biased person? Was I able to balance truth and charity?

IMMEDIATELY BEFORE CONFESSION [2]

1. Humbly and sincerely ask the Lord's forgiveness and the grace you need to avoid sin in the future.

2. Try to identify the internal root causes of your sins; wrong inclinations, personal weaknesses, bad habits... and see what you can do to eliminate at least one of these "root causes." This means; resolve to work seriously at becoming a better person by either getting rid of one serious moral defect, or by strengthening one good moral quality (virtue).

3. Ask the Lord for the grace to make a sincere and thorough confession.

DURING CONFESSION [2]

1. Make the sign of the cross and say:
   Bless me, Father, for I have sinned.
   My last good confession was____(ex. 1 year) ago.
   Since then, I have committed the following sins ...

Confess your sins clearly and sincerely, starting with the most difficult or embarrassing ones. Should you feel nervous or uncertain about some sins, ask the priest to help you.

Remember that it is necessary to specify the number of mortal sins, together with the circumstances that add to their gravity. *(Say big sins first, number of times committed, reason(s) why they were done; example: abortion, once, selfishness. Small sins follows, example, answering back disrespectfully at parents. There is no need to say, for small sins, the number of times and why they were committed.)*

When you have finished confessing all the sins that you remember, say:

For these sins and all the sins of my past life, especially the sins against .... (mention the most important virtues like charity, honesty, purity, etc.), I ask absolution and penance from you, Father.

2. The confessor will give you some pertinent advice. He will also give you an appropriate penance to be performed after the sacrament of confession. At his invitation, recite an Act of **Contrition** (page 33).

3. After having recited the Act of Contrition, bow your head and receive the priest's absolution with humility and gratitude. Follow his words attentively and join him in saying the closing "Amen!"

AFTER CONFESSION [2]

Kneel down in front of the altar or of an image of Our Lord, and thank him for the gift of this confession. Renew your resolutions and ask His help to overcome future temptations. With St. Dominic Savio, repeat the prayer/commitment synthesized in the motto: **Death, rather than sin.**

If the penance given by the confessor consists in some prayers to be recited, say them quietly and devoutly.

Then smile at Jesus with gratitude. Rise joyful and confident for the Lord has been merciful to you. Live for Him every minute of your life, and let everybody see how wonderful it is to serve the Lord.

RELIGIONS IN PHILIPPINES [1]

	Name	Place of Origin	Founder	Year
1	Catholic Church	Jerusalem	Jesus Christ	33
2	Islam	Mecca	Mohammad	570
3	Eastern Orthodox	Near East	Schism	1054
4	Lutheran	Germany	Martin Luther	1517
5	Episcopalian	England	Henry VIII	1534
6	Presbyterian	Scotland	John Knox	1560
7	Baptist	Amsterdam	John Smyth	1600
8	Methodist	England	John/Charles Wesley	1739
9	Evangelical	Pennsylvania (USA)	Jacob Albright	1803
10	Church of Christ	Kentucky (USA)	Thos & Alex Campbell	1827
11	Latter Day Saints (Mormon)	New York (USA)	Joseph Smith	1830
12	Adventist	New York (USA)	William Miller	1831
13	Sabbatists	Michigan (USA)	Mrs. E. G. White	1845
14	Salvation Army	England	William Booth	1865
15	Witnesses of Jehovah	USA	Charles Russel	1876
16	Phil. Independent Church	Philippines	Gregorio Aglipay	1902
17	Assembly of God	Arkansas (USA)	General Meeting	1914
18	Iglesia ni Cristo	Philippines	Felix Manalo	1914

The Meaning of "Catholic" [3]

The early church, when they accepted the primacy of Peter, accepted the importance of the Church in Rome. Saint Paul wrote in Romans 1: 8 "First of all, I gave thanks to my God, to Jesus Christ for all of you because your faith is "heralded throughout the world." The original Greek word used here for "proclaimed throughout"' is "kata" with the adjective "holos" which means "whole". Thus, the word "catholic" comes from this original Greek text of the bible which means the "universal church".

The word "catholic" is more ancient than the word "bible". In order to explain the nature, mission, and vision of the Church in 110 AD, an early bishop of the Church, Ignatius of Antioch, uses the word "katolikos" which means in Greek "universal". "Where the bishop is present, where the congregation gathers, Christ is there."

Why did Jesus Christ found the Church? [4]

Answer: Jesus Christ founded the Church to bring all men to eternal salvation.

How do we know which is the one true Church established by Christ? [4]

Answer: We know which is the one true Church established by Christ, by the marks provided by Him to recognize His Church.

THE CHIEF MARKS OF THE CHURCH [4]

"One, Holy, Catholic, and Apostolic"

1. **One** – The Catholic Church's members, according to the will of Christ, profess the same faith, have the same sacrifice and celebrate the same sacraments, and are united under one and the same visible head, the Pope.
2. **Holy** – The Catholic Church was founded by Jesus Christ who is all-holy; teaches the holy doctrines of her Founder; and provides the means of leading a holy life, thus giving holy members to every age.
3. **Catholic** (or Universal) – The Catholic Church, destined to last for all time, never fails to fulfill the divine commandment to teach all nations all the truths revealed by God (essentially missionary).
4. **Apostolic** – The Catholic Church was founded by Christ on the Apostles and, in accordance with his divine will, has always been and will always be governed by their lawful successors.

Note: The invisible head of the Church is Jesus Christ.
Christ appointed Saint Peter visible head of the Church.

Can Persons Who are Not Members of the Catholic Church be saved? [4]

Answer: Persons who are not members of the Catholic Church can be saved if, through no fault of their own, they do not know that the Catholic Church is the true Church, but they love God and try to do his will ("connected with Church by desire").

2) HOLY MASS

Holy Mass - the sacrifice of the New Law in which Christ, through the ministry of the priest, offers himself to God in an unbloody manner under the appearance of bread and wine (root and center of Christian life). [4]

What are the purposes for which the Mass is offered? [4]
Answer:
1) to adore God as our Creator and Lord;
2) to thank God for the gifts we have received from him;
3) to satisfy God's justice for the sins committed against him;
4) to ask God for graces and blessings for the faithful on earth and the souls in purgatory.

Why is the Mass the same as the sacrifice of the cross? [4]
Answer: In the mass, the victim (offering himself to God) is the same, and the principal priest is the same, Jesus Christ.

The Tremendous Value of the Holy Mass [5]

- At the hour of death, the Masses you have heard will be your greatest consolation.
- Every mass will go with you to judgment and plead for your pardon.
- At every mass, you can diminish the temporal punishment due to your sins, more or less, according to your fervor.
- Assisting devoutly at Mass, you render the Sacred Humanity of our Lord the greatest homage.
- He supplies for many of your negligence and omissions.

- He forgives you all the venial sins which you have never confessed.
- The power of Satan over you is diminished.
- You afford the souls in purgatory the greatest possible relief.
- One mass heard during your life will be of more benefit to you than many heard for you after your death.
- You are preserved from many dangers and misfortunes which would otherwise have befallen you.
- You shorten your purgatory by every Mass.
- Every mass wins for you a higher degree of glory in heaven.
- You receive the priest blessing which our Lord ratifies in heaven.
- You kneel amidst multitudes of holy angels, who are present at the adorable sacrifice with reverential awe.
- You are blessed in your temporal goods in affairs.
- Every time we assist at Mass we should, beside our other intentions, offer it in honor of the saint of the day.
- When we hear Mass and offer the Holy Sacrifice in honor of any particular saint or angel, thanking God for favors he bestowed on him, we afford him a great degree of honor, joy, and happiness, and draw his special love and protection on us.

PRAYER ON ENTERING THE CHURCH [6]

We adore you, our Most Holy Lord, Jesus Christ, here and in all the churches which are in the world, and we bless you because by your Holy Cross you have redeemed the world.

O sacred banquet in which Christ is received, the memory of his passion is renewed, the mind is filled with grace, and a pledge of future glory is given to us. (During Easter Season, add: *Alleluia*)

Leader (L): You have given them bread from heaven. *(Alleluia)*
All (A): The bread which is full of all goodness. *(Alleluia)*

Let us pray:

O God, who, in this wonderful sacrament, left us a memorial of your passion, grant we implore you, that we may so venerate the sacred mysteries of your body and blood as always to be conscious of the fruit of your redemption, you who live and reign forever and ever. Amen.

PRAYER ON LEAVING THE CHURCH [6]

Blessed be the holy and Immaculate Conception of the Blessed Virgin Mary, Mother of God.

We adore You, our most holy Lord, Jesus Christ, here and in all the churches which are in the world, and we bless you because by your holy cross you have redeemed the world.

L: Sacred Hearts of Jesus and Mary,
A: Bless us and keep us.

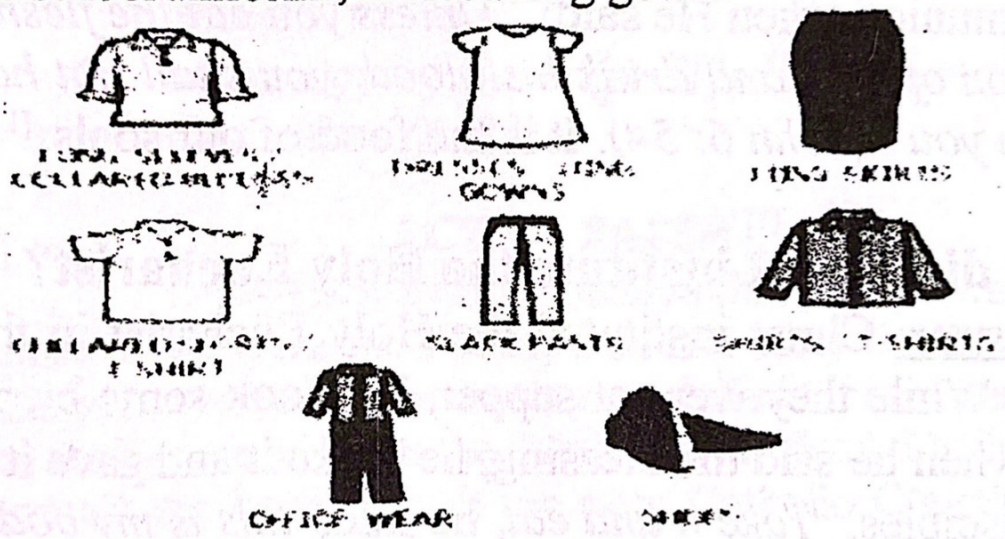
How should we attend Mass? [4]

Answer: With reverence (clean, proper dressing, behavior), attention (focus on God), and devotion (give heart to God).

PROPER ATTIRE INSIDE THE CHURCH

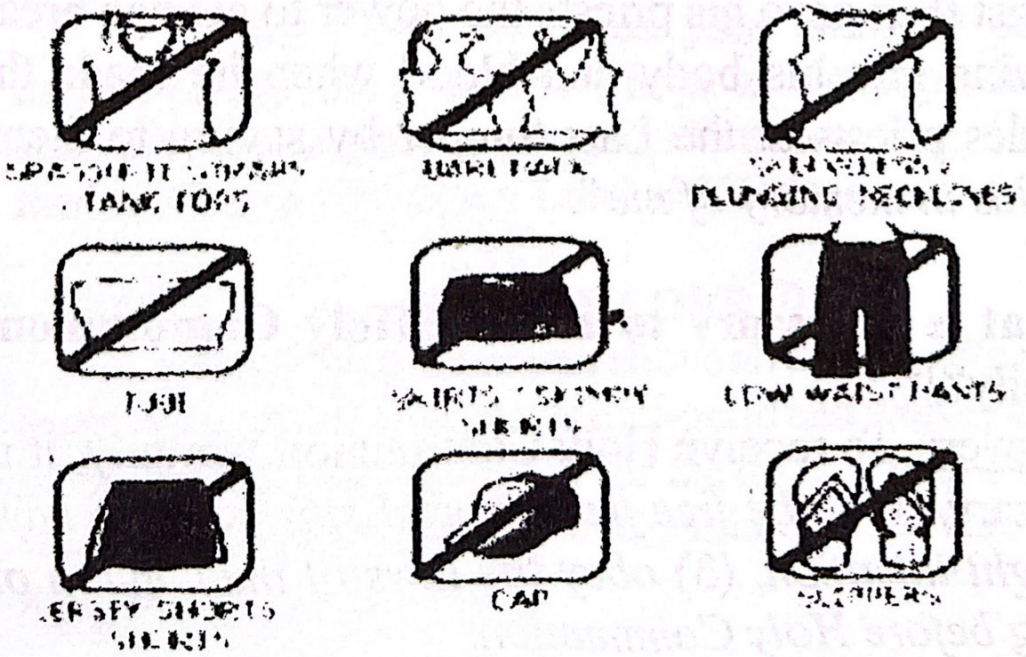
Proper Attire

Collared shirts; jeans/slack pants; polo shirts/long sleeves polo; long sleeves/collared blouses; corporate attire/office or school uniforms; dresses/long gowns



Improper Attire

Cap, jersey/"sando"; jersey shorts/shorts; spaghetti straps/tank tops; skirts/skimpy shorts; sleeveless/ plunging necklines



3) HOLY COMMUNION

Holy Communion – the receiving of Jesus Christ in the sacrament of the Holy Eucharist [1] (body, blood, soul and divinity of Jesus Christ under the appearances of bread and wine). [4]

When did Christ command us to receive Communion?

Answer: Christ commanded us to receive Holy Communion when He said: *"Unless you eat the flesh of the Son of Man and drink his blood, you shall not have life in you" (John 6: 54).* It is the food of our souls. [1]

How did Christ institute the Holy Eucharist? [4]

Answer: Christ instituted the Holy Eucharist in this way: While they were at supper, he "took some bread, and when he said the blessing, he broke it and gave it to the disciples. *'Take it and eat,* he said, *'this is my body.'* Then he took a cup, and when he had returned thanks, he gave it to them. *"Drink all of you from this,'* he said, *'for this is my blood'"* (Matthew 26: 26-28).

Christ then gave his priests the power to change bread and wine into his body and blood when he made the Apostles priests at the Last Supper by saying to them: "*Do this in memory of me*".

What is necessary to receive Holy Communion worthily? [4]

Answer: To receive Holy Communion worthily, it is necessary (1) *to be free from mortal sins,* and (2) *have the right intention,* (3) *obey the laws of the Church on fasting before Holy Communion.*

What does the Eucharistic fast require? [4]

Answer: Eucharistic fast requires abstaining from eating and drinking, except water and medicine, for one hour before the actual communion time. *(Note: does not apply to the sick, elderly, and caretakers)*

BEFORE RECEIVING HOLY COMMUNION [4]

1. Think of our Divine Redeemer whom we are about to receive.
2. Make *Acts of Faith (p. 21), Hope, Love,* and *Contrition (p. 33).*

ACT OF FAITH [7]

O my God, I firmly believe that you are one God in three divine persons, Father, Son and Holy Spirit. I believe that your divine Son became man and died for our sins, and that he shall come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived.

ACT OF HOPE [7]

O my God, relying on your almighty power and infinite mercy and promises, I hope to obtain pardon for my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

ACT OF LOVE [7]

O my God, I love you above all things, with my whole heart and soul, because you are all-good and worthy of all love. I love my neighbor as myself for the love of you. I forgive all who have injured me, and ask pardon of all whom I have injured.

AFTER RECEIVING HOLY COMMUNION [4]

1. Adore our Lord.
2. Thank our Lord.
3. Renew our promise of love and obedience to him.
4. Ask him for blessings for ourselves and others.

PRAYER AFTER COMMUNION:

ANIMA CHRISTI [7]

Soul of Christ, sanctify me.
Body of Christ, heal me.
Blood of Christ, drench me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
In your wounds shelter me.
From turning away keep me.
From the evil one protect me.
At my hour of death call me.
Into your presence lead me,
to praise you with all your saints for ever
and ever. Amen.

What are the chief effects of a worthy Holy Communion?[4]

Answer: The chief effects of a worthy Holy Communion are:

1. A closer union with Jesus Christ and the entire People ofGod, with the consequent building up of Christ's body which is his Church
2. An increase of sanctifying grace;
3. Preservation from mortal sin and the remission venial sins;
4. The lessening of our inclinations to sin and the help to lead a holy life.

4) HOLY ROSARY [8]

The Rosary (*Latin rosarium ~ rose garden or garland of roses*) is made up of two things:

- *mental prayer, and vocal prayer.*

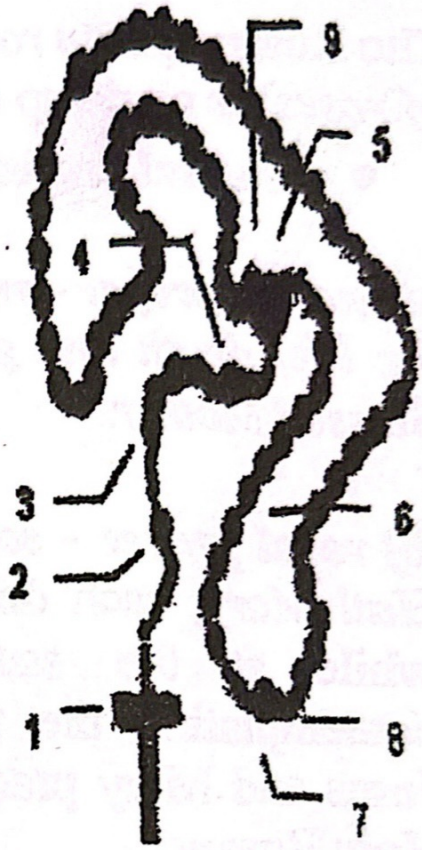
a) mental prayer - meditation of the chief mysteries of the life, death and glory of Jesus Christ and of His Blessed Mother.

b) vocal prayer - saying twenty (20) decades of the Hail Mary, each decade headed by an Our Father, while at the same time meditating on and contemplating the twenty principal virtues which Jesus and Mary practiced in the 20 mysteries of the Holy Rosary.

The Holy Rosary is composed, principally and in substance, of the *Prayer of Christ* and the *Angelic Salutation (Our Father* and the *Hail Mary*). It was the first prayer and the first devotion of the faithful and has been in use all through the centuries, from the time of the apostles and disciples down to the present.

In the year 1214, the Holy Mother Church received the Rosary in its present form and according to the method we use today. It was given to the Church by *Saint Dominic* who had received it from the Blessed Virgin as a powerful means of converting the Albigensians and other sinners.

HOW TO PRAY THE ROSARY



1. Make the sign of the cross and say the "Apostles Creed" (p.32).
2. Say the "Our Father" (p.32)
3. Say three "Hail Mary" (p.32)
4. Say the "Glory Be to the Father" (p.32)
5. Announce the *First Mystery* (25-26), then say "Our Father."
6. Say ten "Hail Marys" while meditating on the Mystery.
7. Say the "Glory be to the Father". After each decade say "Fatima Prayer" (p.33) requested by the Blessed Virgin Mary at her Fatima Portugal apparition
8. Announce the *Second Mystery*; then say the "Our Father". Repeat 6 & 7 and continue with the Third, Fourth, and Fifth Mysteries in the same manner.
9. Say the "Hail, Holy Queen" (p.26) on the medal after the five decades are completed.
10. Recite the "Litany of the Blessed Virgin Mary (p.26).
11. Pray "Ending Prayers" (p.29).

MYSTERIES OF THE ROSARY

JOYFUL MYSTERIES
(Every Monday & Saturday)

1. The Annunciation of the Angel Gabriel to the Blessed Virgin Mary
2. The Visitation of Mary to her Cousin Elizabeth
3. The Birth of Jesus in Bethlehem of Judea
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

SORROWFUL MYSTERIES
(Every Tuesday & Friday)

1. The Agony of Jesus in the Garden of Gethsemane
2. The Scourging of Jesus at the Pillar
3. The Crowning of Jesus with Thorns
4. The Carrying of the Heavy Cross to Calvary
5. The Crucifixion and Death of our Lord

LUMINOUS MYSTERIES
(Every Thursday)

1. The Baptism of Jesus in the River Jordan
2. The First Miracle of Jesus at the Wedding in Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of Jesus on Mount Tabor
5. The Institution of the Eucharist

GLORIOUS MYSTERIES

(Every Wednesday & Sunday)

1. The Resurrection of Our Lord
2. The Ascension of Our Lord into Heaven
3. The Descent of the Holy Spirit Upon Mary and the Apostles
4. The Assumption of Blessed Virgin Mary into Heaven Body and Soul
5. The Coronation of Blessed Virgin Mary as Queen of Heaven and Earth

Hail, Holy Queen, mother of mercy, hail, our life, our sweetness, and our hope! To you do we cry, poor banished children of Eve! To you do we send up our sighs, mourning and weeping in this vale of tears! Turn then, most gracious advocate, your eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of your womb, Jesus! O clement, O loving, O sweet Virgin.

Leader: Pray for us, O Holy Mother of God.
All: That we may be worthy of the promises of Christ.

LITANY OF THE BLESSED VIRGIN MARY

Lord, have mercy on us

Christ, have mercy on us.

Lord, have mercy on us.
Christ, hear us.

Christ, graciously hear us.

God the Father of heaven. *Have mercy on us.*
God the Son, redeemer of the world.
God the Holy Spirit.
Holy Trinity, one God.

Holy Mary. *Pray for us*
Holy Mother of God.
Holy Virgin of virgins.
Mother of Christ.
Mother of the Church.
Mother of divine grace.
Mother most pure.
Mother most chaste.
Mother inviolate.
Mother undefiled.
Mother most amiable.
Mother most admirable.
Mother of good counsel.
Mother of our Creator.
Mother of our Savior.
Virgin most prudent.
Virgin most venerable.
Virgin most renowned.
Virgin most powerful.
Virgin most merciful.
Virgin most faithful.
Mirror of justice.
Seat of wisdom.
Cause of our joy.
Spiritual vessel.
Vessel of honor.

Singular vessel of devotion. *Pray for us.*
Mystical rose.
Tower of David.
Tower of ivory.
House of gold.
Ark of the covenant.
Gate of heaven.
Morning star.
Health of the sick.
Refuge of sinners.
Comforter of the afflicted.
Help of Christians.
Queen of angels.
Queen of patriarchs.
Queen of prophets.
Queen of apostles.
Queen of martyrs.
Queen of confessors.
Queen of virgins.
Queen of all saints.
Queen conceived without original sin.
Queen assumed into heaven.
Queen of the most Holy Rosary.
Queen of peace.

Leader (L): Lamb of God, who takes away the sins of the world.
All (A): *Spare us, O Lord.*
L: Lamb of God, who takes away the sins of the world.
A: *Graciously hear us, O Lord.*
L: Lamb of God, who takes away the sins of the world.
A: *Have mercy on us.*

Let us Pray

O God, whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech Thee, that meditating upon these mysteries of the Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ, our Lord. Amen.

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession was left unaided. Inspired with this confidence, we fly unto you, O Virgin of virgins, our Mother. To you we come, before you we stand sinful and sorrowful, O Mother of the Word incarnate, despise not our petitions, but in your mercy hear and answer us. Amen.

ANGEL OF GOD

Angel of God, my guardian dear to whom His love commits me here; ever this day be at my side to light and guard; to rule and guide. Amen.

PRAYER TO ST. MICHAEL

St. Michael, the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke Him, we humbly pray, and do You, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the other evil spirits, who prowl through the world, seeking the ruin of souls. Amen.

THE ANGELUS

(prayed every 6AM, 12NN, 6PM)

The Angel of the Lord declared unto Mary
And she conceived of the Holy Spirit. *Hail Mary...*
Behold the handmaid of the Lord;
Be it done unto me according to your word. *Hail...*
And the Word was made flesh;
And dwelt among us. *Hail...*
Pray for us, O Holy Mother of God;
That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the incarnation of Christ, your Son, was made known by the message of an angel, may by his passion and cross be brought to the glory of his resurrection; through the same Christ our Lord. Amen.

THE REGINA COELI

(Easter Time, Instead of Angelus)

Queen of heaven, rejoice! Alleluia.
For he whom you did merit to bear. Alleluia.
Has risen, as he said. Alleluia.
Pray for us to God. Alleluia.
Rejoice and be glad, O Virgin Mary, Alleluia.
For the Lord is truly risen. Alleluia.

Let us pray:

O God, who gave joy to the whole world through the resurrection of your Son our Lord Jesus Christ, grant, we beseech you, that through the intercession of the Virgin Mary, his Mother, we may obtain the joys of everlasting life, through the same Christ our Lord. Amen.

5) PRAYER VIGIL

Vigil (Latin *vigilia ~ watch*) - An act or period of watching [11]

Who Does Vigil? Why Do It? How Long?
Answer: Available family members of the sick and/or caretakers (in hospital, at home), if sick is not disposed.

The prayer of the lowly pierces the clouds; it does not rest till it reaches its goal, nor will it withdraw till the Most High responds, judges justly and affirms the right. (Sirach 35: 17)

Proposed Vigil Steps

1. Light a candle on the altar to symbolize the presence of "Jesus, the Source of Light".
2. Kneel down as a family ("act of sacrifice"), if possible.
3. Do vigil for 3 days (*triduum*) hourly (6 AM-10 PM).

VIGIL PRAYER:

- **I Believe in God** (p. 32)
- **Our Father** (p. 32)
- **Hail Mary** (p. 32)
- **Glory Be** (p. 33)
- **O My Jesus** (p. 33)
- **Act of Contrition** (p. 33)
- **Deliverance Prayers**
  a. **Praising & Thanksgiving** - Glory to God in the Highest
  b. **Repentance** - Act of Consecration to the Sacred Heart of Jesus
  c. **Shielding** - Prayer for Protection
  d. **Casting** - Healing of Mind, Body & Spirit
  e. **Cleansing** - Cleansing Prayer
  (Repeat every hour may pray with family during vigil)

4. Pray-over the sick (in Jesus' name).

Apostle's Creed

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, Our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory be (Doxology)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those in most need of your mercy.

Miraculous Medal Prayer

O Mary conceived without sin, pray for us who have recourse to thee.

Divine Mercy Prayer

Jesus King of Mercy, we trust in you.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend you, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of your grace to confess my sins, to do penance and to amend my life. Amen.

HOW GOD ANSWERS PRAYERS

Question: *Are all prayers answered?*

Answer: *YES, but in God's time and way.*

1. **"Yes"** - Instant Healing
   - Results in commitment to serve
   - Healed person becomes living witness of Christ's healing power

2. **"Wait"** - Healing in God's time
   - Continuous cleansing and offering by sick person for oneself, family, and humanity

3. **"No"** - God has a Better Plan
   - Peaceful Death
   - Sickness becomes a means to salvation

KINDS OF SICKNESSES

1. **Physical Sicknesses**
   - External – germs *(ex. AH_1N_1 Flu)*, pollution (ex. asthma)
   - Internal – hereditary (ex. diabetes), congenital/at birth (ex. Down's Syndrome)

2. **Psychological/Emotional Sicknesses**
   - Depression, phobia, anxiety (psychosomatic – caused by the mind)

3. **Spiritual Sicknesses**
   - Divine in Nature – intergenerational healing, spiritual cleansing, or God's glory (ex. Job 1:8)
   - Evil Spirits – evil possession (ex. Mary Magdalene, Luke 8:2)

7 CAPITAL SINS & 7 HOLY VIRTUES

Capital Sins (Sources of Sins)	→ replaced with	Holy Virtues
1. Gluttony		Temperance
2. Greed		Generosity
3. Pride		Humility
4. Lust		Chastity
5. Envy		Brotherly Love
6. Anger		Meekness
7. Sloth		Diligence

WHY PEOPLE GET SICK

1. **Natural Causes**
   - ➢ Old Age – natural "wear and tear" of body
     Example: Arthritis

   - ➢ Negligence – not using natural means of preserving health or refusal to see medicine as a way God heals;
     Example: eating unhealthily, or not consulting proper physicians and medicine

2. **Spiritual Causes**
   - ➢ Sin – offense against God
     Example: HIV-AIDS disease caused by premarital or illicit relationships (6th Commandment)

   - ➢ "Sacrificial Lamb" - Christ-like suffering leading to salvation of souls.

   - ➢ Trials – divine cleansing of family through sicknesses, poverty, problems, calamities, death.
     Example: Job's trials and triumph

3. **Others**
   - ➢ Vices – unhealthy habits, attitudes
     Example: smoking, alcoholism, drugs addiction, gambling, womanizing

3) MAKE A COVENANT WITH GOD

Covenant (Latin *Covenir)* – to agree [9]

Who Make It? Why?

Answer: The sick and/or family members of the sick who have been touched by the Holy Spirit through faith experience *(ex. Sickness, problems)*

And I will make a covenant of peace with them, it shall be an everlasting covenant with them: and I will establish them, and multiply them, and will set my sanctuary in the midst of them forever. *(Ezekiel 37:26)*

Proposed Actions:

- Reform life (ex. Give up vices, bad habits, bad attitude)
- Serve God (ex. Pray- over the sick, help Church)
- Support the Church financially and in Church Activities
- Bring other souls backs to God (*ex. Explain sacraments*)

Seven Sacraments

1) Baptism; 2) Confirmation; 3) Confession; 4) Holy Eucharist; 5) Anointing of the Sick; 6) Holy Orders; 7) Matrimony

- Observe the Commandments of the Church.

Six Chief Commandments of the Church [7]:

1. Hear mass on Sundays/Holy Days of Obligation *(In Philippines: Jan. 1 - Holy Mary Mother of God, Dec. 8 - Immaculate Conception, and Dec. 25 – Christmas)*
2. Observe fasting and abstinence *(Ash Wed., Good Friday)*
3. Go to confession at least once a year
4. Receive holy communion at least once a year *(Easter)*
5. Support our pastors *(priests, nuns, etcetera.)*
6. Observe Church laws on marriage

SEVEN SACRAMENTS

What is a Sacrament?

Answer: A Sacrament is an outward sign instituted by Christ to give grace. [1] (Latin *sacrare* – to consecrate)

What are 3 Elements of a Sacrament? [1]

Answer: *(1) Institution by Christ* – only Christ instituted the sacraments, because only God can endow signs with the power to give grace, *Ex. baptism of Jesus at River Jordan;*

(2) An outward sign – something perceived by the senses, *Ex. water used in baptism;*

(3) Power to give grace – channels by which grace enters souls, to give them divine life and to nourish them, *Ex. washing in baptism signifies inward washing of the soul from sin.*

Who Gives Grace through the Sacraments? [1]

Answer: God gives grace through the merits of Jesus Christ. Sacraments are "actions of Christ". Through the visible rite, it is he who sanctifies us, just as truly as when he said to Mary Magdalen, *"Your sins are forgiven."*

How many are the Sacraments?

Answer: 7 Sacraments [1]

1. **Baptism** – gives our souls the new life of sanctifying grace ("power to be holy") by which we become children of God and heirs of heaven.
2. **Confirmation**- enables us to profess our faith as strong and perfect Christians and soldiers of Jesus Christ.
3. **Confession** – forgives sins committed after baptism through the absolution of the priest

4. **Holy Eucharist** – contains, offers, and receives the body and blood, soul and divinity of our Savior Jesus Christ, under the appearance of bread and wine. (both a sacrament and a sacrifice, called **Holy Communion** when received usually in Church)

5. **Anointing of the Sick** – gives health and strength to the soul, and sometimes to the body, when we are in danger of death from sickness, accident, or old age.

6. **Holy Orders** – allows men to receive power and grace to perform the sacred duties of bishops, priests and deacons.

7. **Matrimony** – allows a baptized man and woman to bind themselves for life in a lawful marriage, and receive the grace to discharge their duties.

Twelve Fruits of the Holy Spirit [10]

1. Charity
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Generosity
8. Gentleness
9. Faithfulness
10. Modesty
11. Self-Control
12. Chastity

Seven Gifts of the Holy Spirit [10]

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

OTHER PRAYERS

MORNING PRAYER [7]

O Jesus, through the Immaculate Heart of Mary, I offer you all my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends and in particular for the intentions of the Holy Father. Amen.

PRAYER TO THE HOLY SPIRIT [11]

Come Holy Spirit, fill the hearts of Thy faithful, and enkindle in them the fire of Thy divine love. Send forth Thy Spirit and they shall be created, and Thou shalt renew the face of the earth.

Let Us Pray:

O God, Who by the light of the Holy Spirit didst instruct the hearts of the faithful, grant us by the same Holy Spirit to relish what is right and just and always to rejoice in His consolation. Through Christ Our Lord. Amen.

EVENING PRAYER [11]

Let our evening prayer ascend unto Thee, O Lord; And may your mercy descend upon us.

You, O Lord, are in the midst of us; leave us not, O Lord our God.

O Great God! I believe that you are present, that you see and know all my thoughts; with all the angels and saints, I adore you. I acknowledge you to be the Creator and Sovereign Lord of Heaven and earth, my first beginning and last end; I render to you the homage of my being in life; I submit myself to your holy will and devote myself to your divine service now and forever. Amen.

O Lord, hear my prayer; and let my cry come unto you.
(One Our Father, Hail Mary, I confess...)

May Almighty God have mercy on us, forgive us our sins and bring us to life everlasting. Amen.

May the Almighty and merciful Lord grant us pardon, absolution and remission of our sins. Amen.

O my God, I return Thee thanks for all the benefits which I have ever received from Thee, and especially for all your help this day. Give me light to see what sins I have committed, and grant me grace to be truly sorry for them. *(Here wait a little, and think over what faults you have committed during the day. Then, may pray the "Act of Contrition", page 33)*

GLORY TO GOD IN THE HIGHEST

Glory to God in the highest. And on earth peace to people of good will. We praise you, We bless you, We adore you, We glorify you, We give you thanks for your great glory,

Lord God, Heavenly King, O God, Almighty Father. Lord Jesus Christ, only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For You alone are the Holy One, you alone are the Lord, you alone are the Most High Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

ADORATION AND PRAISES TO THE MOST HOLY TRINITY [12]

Leader (L): Thou, O Lord, shall open my lips
All (A): And my tongue shall announce Thy praises.

L: Incline unto my aid, O God.
A: O Lord, Make haste to help me.

L: Glory be to the Father and to the Son and to the Holy Spirit
A: As it was in the beginning, is now and ever shall be world without end. Amen.

Repeat 9x

L: Praises and Glory to the Most Holy Trinity
A: All praise to God the Father be, All praise to you, Eternal Son, All glory as is ever meet, To God, the Holy Paraclete.

One "Our Father" and One "Glory Be"

L: Holy! Holy! Holy! Lord God of Host, heaven and earth are filled with Your Glory.
A: Glory to the Father, Glory to the Son, Glory to the Holy Spirit.

Repeat 9 x

Repeat 2 sets of 1 Our Father, 1 Glory Be, and 9 "Holy! Holy! Holy!"

End with the Antifone.

ANTIFONE

To You, God the Father Almighty, To You, God the Only Son, To You, God the Holy Spirit, Holy and Undivided Trinity, With all our hearts we love You, We adore You, we glorify You, Forever and ever. Amen.

Leader: Blessed be the Holy Trinity and the Undivided Trinity
All: We will give praise to Him for He has shown mercy to us.

Let us pray:

> **God Almighty, three Divine Persons in one God; give us continual graces, love and charity so that now and forever, we will always love and adore You, Father, Son and Holy Spirit in God, who liveth and reigneth forever and ever. Amen.**

LITANY OF HUMILITY [13]

(by Rafael Cardinal Merry del Val, 1865-1930, Secretary of State for Pope Saint Pius X)

O Jesus, meek and humble of heart, *Hear me;*
From the desire of being esteemed, *Deliver me, Jesus*
From the desire of being loved...
From the desire of being extolled...
From the desire of being honored...
From the desire of being praised...
From the desire of being preferred to others...
From the desire of being consulted...
From the desire of being approved...

From the fear of being humiliated...
From the fear of being despised...
From the fear of being rebuked...
From the fear of being calumniated...
From the fear of being forgotten...
From the fear of being ridiculed...
From the fear of being wronged...
From the fear of being suspected...

That others may be more loved than I...
Response: Jesus, grant me the grace to desire it.
That others may be esteemed more than I...
That, in the opinion of the world, others may increase and I may decrease...
That others may be chosen and I set aside...
That others may be praised and I unnoticed...
That others may be preferred to me in everything...
That others may become holier than I, provided that I may become as holy as I should...

PRAYER FOR SICK PERSONS [10]

Pray: **Glory Be (3 times)**

Follow with:

Oh! My God, behold these sick persons before You. He has come to ask you what he wishes and what he consider as the most important things for him.

You, oh my God, make these words enter into their his hearts: "What is important is the health of his souls".

Lord, may your will in everything take place in his regard. If You want them to be cured, let health be given to them. But if your will is something else, let him continue to bear his cross.

I also pray to You for us who intercede for him. Purify our hearts, to make us worthy to convey your Holy Mercy.

Protect him and relieve their pain, that your Holy will be done on him, that your holy name be revealed through him. Help him to bear his cross with courage.

PRAYER FOR HEALING [15]

Jesus, may Your pure and healthy blood
circulate in my ailing organism,
and may Your pure and healthy body
transform my weak body,
and may a healthy and vigorous life
throb within me,
if it is truly Your holy will.

"O Blood and Water, which gushed forth
from the Heart of Jesus
as a fount of Mercy for us,
I trust in You."

"Holy God, Holy Mighty One,
Holy Immortal One,
have mercy on us
and on the whole world".
Amen

PRAYER OF DELIVERANCE [15]

Inspired by St. Alphonsus Liguori and Hippolitus

In the Name of Our Lord Jesus Christ, Who died on the Cross, Who descended into hell; on the third day rose again and ascended into Heaven and seated at the right hand of the Father…

In the Name of Jesus, BEGONE, you, evil spirits of pride, anger, envy, gluttony, sloth, lust and avarice! Get away from each one of us! Get back to hell! Do not disturb us, for we are bought by the Most Precious Blood of Our Lord Jesus Christ.

In the name of the Blessed Virgin Mary, who crushed the head of the serpent (Gen. 3:15), do not disturb anyone of us because we are shielded by the mantle blue, scapular, and Rosary of the Blessed Mother, get back to hell!

All hexes, spells, curses, charms, local and personal infestations – you have no more power over us because Mary has destroyed all these power.

May the Holy Spirit drive away all the evil spirits in us. May the seven gifts of the Holy Spirit empower us to resist the evil spirits.

May St. Michael protect us all the days of our life from the power of darkness. As we reject Satan and accept Jesus as our personal Saviour, may the Almighty God bless us.

ROSARY OF THE WOUNDS OF OUR LORD JESUS CHRIST [17]

(Revealed to Sr. Mary Martha Chambon as an Act of Reparation for the Sins of the World)

Note: To be recited using ordinary rosary beads

On the cross of an ordinary rosary and on the next 3 beads, say while kissing the cross and passing on the next bead:

I. O Jesus, Divine Redeemer, have mercy on us and on the entire world. Amen.

II. Holy God, Omnipotent God, Immortal God, have mercy upon us and upon the entire world. Amen.

III. Forgive! Mercy, my Jesus. During dangers cover us with your most precious blood. Amen.

IV. Eternal Father, have mercy for the sake of the Blood of Jesus Christ, your only Son; have mercy on us, we beg of you. Amen. Amen. Amen.

On the big bead:

Leader (L): Eternal Father, I offer You the Wounds of Our Lord Jesus Christ.

All (A): *To heal the wounds of our souls.*

Going through the ten small beads:

L: My Jesus pardon and Mercy.

A: Through the merits of Your wounds.

At the end of the Rosary, say 3 times:

L: Eternal Father, I offer You the Wounds of Our Lord Jesus Christ

A: to heal the wounds of our souls.

THE DIVINE MERCY CHAPLET [18]

(Revealed to St. Faustina to Implore for God's Infinite Mercy as the Last Hope of Salvation)

Note: To be recited using ordinary rosary beads

Begin with:

Our Father... Hail Mary...I Believe in God

Then on the OUR FATHER beads, say the following words:

L: "Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ,

A: In atonement for our sins and those of the whole world."

On the HAIL MARY beads, say the following words:

L: For the sake of His Sorrowful Passion,

A: Have mercy on us and on the whole world."

Repeat for 2nd till 5th decade: Eternal Father...

Conclude with:

A: "Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world." Amen.

HOUR OF GREAT MERCY

(The 3 O'clock Prayer) [18]

(Revealed to St. Faustina as a Conversion Prayer)

You expired Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water which gushed forth from the Heart of Jesus as a Fount of Mercy for us, I trust in You.

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and the whole world. (3x)

Amen.

Jesus, King of Mercy, we trust in You.

Mama Mary, Queen of Mercy, we rely on you.

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[18] Faroni, Fr. Adolf SDB, ***Heaven with No Purgatory*** 83-92.

[19] Syquia, Fr. Jose Francisco, ***Catholic Handbook of Deliverance Prayers Revised Edition with 12 New Prayers Makati City: St. Pauls; 2014***

SCHEDULE

A. Northern Panay Island

Spiritual Director: *Rev. Fr. Berman Ibañez*
Asst. Spiritual Director: *Rev. Fr. Ivan Mikael Delfin*
Spiritual Moderator: *Rev. Fr. Pericles Fajardo*

Healing Catechism-Testimony Sharing Schedule
Facebook: Holy Trinity Divine Healing Ministry (HTDHM), Inc.

- **Friday, 9 AM to 12 NN**
  Sanctuary of the Sacred Heart of Jesus
  St. Peter Road, Tumaldok Hill, Pueblo de Panay Township, Roxas City, Capiz, 0999 991 0662
- **3rd Saturday, 9 AM to 12 NN Recollection**
- **Wednesday, 9 AM to 3 PM**
  Pilar, Capiz, 0919 204 7701
- **Mass: Monday to Sunday 5 PM, Saturday 11 AM, & Sunday 9 AM & 11 AM.**
- **Confession: 1 hour before the mass**

B. Southern Panay Island

Spiritual Director: *Rev. Fr. Joenick Territorio*

- **Sunday, 1 PM to 5 PM**
  Guanco St., Arevalo, Iloilo City, 0998 984 0836

C. Other Visayan and Luzon Islands

- St. Roque Parish, Manapla, Cadiz, Negros Occidental, 0950 882 5885
  Parish Adviser: *Rev. Fr. Felipe Narciso*
- Risen Christ Parish, Balut, Tondo, Manila, 0917 819 8335
  Parish Adviser: *Rev. Fr. Manuel Gatchalian*